

7 HAMILTON ROAD, BANGOR BT20 4JP
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GF - made from gluten free products, GF* - can be made from gluten free products
 V - vegan, V* - vegan adaptable
 PLEASE INFORM YOUR WAITING STAFF OF ANY ALLERGEN REQUIREMENTS.
 PLEASE NOTE NUTS & GLUTEN ARE USED IN EVERY SECTION OF THE KITCHEN

≈TOM'S≈

DINING ROOMS

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LUNCH MENU FROM MARCH 2019

~ BREADS ~

BREAD BASKET with tomato pesto & butter	£3.75
HUMMUS (V) (GF*) with grilled flatbread	£4.95
GARLIC BREAD (GF*) with cheese	£4.45 £4.95

~ SMALL PLATES ~

VEGETARIAN

GOATS' CHEESE BON BON, BEETROOT & WALNUT	£3.75
MARINATED CHEESE STUFFED PEPPERS (GF)	£3
HUMMUS WITH TORTILLA CHIPS (GF)	£3

SEAFOOD

SIZZLING PRAWNS (GF*)	£4
STEAMED MUSSELS, WHITE WINE, GARLIC & CREAM (GF*)	£4
WHITEBAIT BASKET	£4

MEAT

HAM HOCK & SMOKED CHEESE BON BONS WITH APPLE PURÉE	£3.95
STICKY RIBS (GF)	£3.75
HOT WINGS (GF*)	£4



~ STARTERS & SHARES ~

TODAY'S SOUP (GF*) with Crusty Bread	£4.85
FRIED HALLOUMI CHEESE with honey or redcurrant compote	£4.95
BREADCRUMBED MUSHROOMS with garlic dip	£5.45
SIZZLING PORTAVOGIE PRAWNS (GF*) with chilli, chorizo & garlic	£6.45
BUCKET OF SQUID RINGS with harissa dip	£5.95
NACHOS (GF) crisp tortilla chips with nacho cheese, salsa & jalapeño	£6.45
HOT WINGS (GF*) with cool dip & celery	£5.65

~ LOVING LUNCH ~

TODAY'S SOUP with today's ½ sandwich	£5.95
STICKY CHICKEN WRAP with stir fried vegetables & market salad	£7.75
STICKY SLOW COOKED SRIRACHA CHILLI CHICKEN THIGHS (GF*) with lime & honey glaze & choice of side (HOT!)	£6.95
GRILLED CHICKEN FILLET SANDWICH with pepper sauce, onion rings, salad & choice of side	£9.25
TOASTED SANDWICH with ham, three cheeses & tortilla chips	£5.95
THAI RED CHICKEN CURRY with basmati rice (GF)	£8.95
CHICKEN GOUJONS with sticky peanut & chilli dip & your choice of side order	£8.25
BREADCRUMBED FILLET OF CHICKEN (GF*) with melted cheese, tomato & onion cream & choice of side order	£8.95
CHORIZO & RED PEPPER BAKED CHICKEN (GF*) chicken fillet, roast pepper & chorizo cream, & choice of side order	£12.25
BAKED LASAGNE with choice of side order	£8.55
TOM'S BURGER LITE (single 4oz Patty (GF*)) with bacon, cheddar, tomato, relish, salad & fries	£7.25
TOM'S BURGER (GF*) with bacon, cheddar, tomato, relish, salad & fries	£9.95
BEEF ENCHILADA with sour cream, cheese & tomato salsa	£10.95
½ RACK OF STICKY RIBS (GF*) bbq sauce & fries	£8.25

~ STEAKS ~

FLAT IRON STEAK (Served Rare Or Medium Rare) * (GF*) with grilled tomato, choice of sauce, onion rings & side order	£12.75
SIRLOIN STEAK 8oz * (GF*) with grilled tomato, onion rings, choice of sauce & side order	£17.95
DUFFY'S 3 WEEK AGED SIRLOIN STEAK 10oz * (GF*) with grilled tomato, onion rings, choice of sauce & side order	£25.45
BLACKEN YOUR STEAK - Spice up your steak with our house rub	£1.50

*All our cuts are served with a choice of frites, chunky chips, sweet potato or market salad & are served with your choice of garlic butter, pepper sauce, cheese & tequila or BBQ sauce

SUNDAYS
KITCHEN CARVERY TRADITIONAL ROASTS
 ARE SORTED WITH OUR
 A selection of three roast meats with traditional accompaniments
£14.95 EVERY SUNDAY FROM 12.00PM
 VEGETARIAN CARVERY ALSO AVAILABLE £10.95

~ FISH ~

FISHMONGER SPECIAL - ask your server.	Market Price
ROAST FILLET OF SALMON (GF*) lemon & herb butter, choice of side	£12.25
TUSCAN SALMON (GF*) with tomato, spinach & parmesan cream. Garlic bread & choice of side	£13.95
BATTERED HADDOCK (GF*) with chips, tartare sauce and mushy peas	£10.95
ROAST FILLET OF SEABASS (GF) with garlic Portavogie prawns, boiled potatoes & mangetout	£10.95
BATTERED SCAMPI (GF*) chips, lemon & tartare sauce	£13.75

~ VEGAN & VEGETARIAN ~

STARTERS & SMALL PLATES

BREAD BASKET with hummus & butter	£3.75
HUMMUS (V) (GF*) with grilled flatbread	£4.95
FRIED HALLOUMI CHEESE with honey or redcurrant compote	£4.95
GOATS CHEESE BONBON beetroot & walnut	£3.75
BREADCRUMBED MUSHROOMS garlic dip	£5.45
GARLIC BREAD (GF*) with cheese	£4.45 £4.95

VEGETARIAN MAINS

SPINACH, POTATO & CHICKPEA CURRY (V) (GF*) with basmati rice	£9.45
GRILLED FLATBREAD with spiced cashews, mushrooms & avocado (with or without poached egg) (V*)	£8.95
VEGETABLE ENCHILADA (V*) with tomato salsa, cheese & sour cream, choice of side	£9.95
AROMATIC TAGINE (V) with basmati rice	£10.95
TOM'S VEGGIE BURGER (V) with hummus, tomato relish & fries	£9.25

~ SIDES ~

SKINNY FRIES, CHUNKY CHIPS (plain, spiced, chilli or garlic)	£3
SWEET POTATO FRITES, MASH, LOUISIANA MASH, BABY BOILED POTATOES	£3
ONION RINGS, SAUTÉ MUSHROOMS, SEASONAL GREENS	£3
MARKET SALAD	£3

~ DESSERTS ~

Mixed berry Pavlova(GF)	£5.55
Chocolate fudge with vanilla ice cream, fresh cream & white chocolate sauce	£5.35
Chocolate & raspberry vegan brownie with vegan ice cream	£5.95
Sticky Toffee Pudding with butterscotch sauce & vanilla cream	£5.65
Iced Lemon Brûlée (GF)	£4.95
Raspberry & frangipane tart with vanilla ice cream (GF)	£5.25
(vegan adaptable)	
Malted Waffle choice of the following toppings	
- honeycomb ice cream, banana, fresh cream, nuts and maple syrup	£5.55
- ferrero rocher ice cream, fresh cream & chocolate sauce	£5.85
Bannoffee Pie	£5.45
Just a little extra	£4.45
Any regular coffee or tea with mini brownie, mini meringues or scoop of ice-cream	
Cheese with biscuits & grapes	
Cashel Blue - blue, Cooleeny - soft, Durrus - semi soft from cork	Per cheese £3.25

~ SEASIDE SUNDAES ~

Fudge Galore (GF*)	£6.95
Honeycomb & vanilla ice cream, fudge, crushed meringue, fresh cream & butterscotch sauce	
Limoncello iced basket	£6.45
Lemon meringue ice cream, fresh cream, crushed meringue, limoncello in a wafer basket	
Butterscotch Bananza (GF*)	£5.95
Honeycomb & vanilla ice creams with sliced banana, chopped nuts	
fresh cream & butterscotch sauce.	
B&A Bannoffee Sundae	£5.95
Salted Caramel Ice Cream, Biscuit, Banana, Fresh Cream & Hot Chocolate Sauce	
Tom's coconut ice (GF*)	£5.95
Coconut ice cream, raspberry sorbet, fresh cream, raspberries & hot chocolate sauce	
Ice cream or sorbet selection 3 Scoops of your choice (GF*)	£5.25
Sorbet - lemon, raspberry & mango	
Ice Cream -strawberry, vanilla, chocolate, honeycomb, ferrero rocher, vegan vanilla	

COFFEES

Americano	£2.35
Flat White	£2.60
Double Espresso	£2.25
Macchiato	£2.25
Cappuccino	£2.85
Cortado	£2.60
Latté	£2.70
Skandia	£2.50
Add a Syrup Shot	£3.30
Caramel, Vanilla or Hazelnut (GM Free Soya Milk Available)	
Hot Chocolate	£2.95
Decaf Available	
Soya Milk Available	

TEAS

House Tea	£1.95
Earl Grey	£2.25
Green	£2.25
Fruit Tea	£2.25
Peppermint	£2.25
Camomile	£2.25
Rooibos	£2.25
Red Cruiser	£2.95
Cranberry, Orange & Soda	
Mango Magic	£2.95
Lemon, Lime, Mango	
Sorbet & Soda	
Smoothie	£3.75
Pineapple & Passion Fruit	
Strawberry & Banana	

SOFT DRINKS

	Regular	Large
Coke	£2.55	£2.95
Diet Coke	£2.55	£2.95
Coke Zero	£2.55	£2.95
Fanta Orange	£2.55	£2.95
Sprite	£2.55	
San Pellegrino		£2.35
Panna 200ml		
San Pellegrino		£3.85
Panna 750ml		
San Pellegrino Lemon,		
Blood Orange		£2.95
Sparkling Apple Juice		£2.75
Fruit Juices		£2.10

~ WINES ~

WHITE WINE

	Glass	Carafe	Bottle
Beach House Sauvignon Blanc , South Africa	£4.50	£11.25	£14.95
Sante Pietra Pinot Grigio , Italy	£4.50	£11.25	£14.95
Domaine Negly Les Terraces , Languedoc, France			£16.95
A clean, fresh summer wine made from Sauvignon and Muscat grapes.			
The River Chardonnay , Hesketh, South Australia	£4.75	£13	£17.95
Esk Valley Sauvignon Blanc , Marlborough N.Z. (V)	£5.45	£15	£19.95
Big Easy Chenin Blanc , Ernie Els, South Africa			£20.95
Lively, soft & unoaked with tropical rich flavours.			
Picpoul De Pinet , Languedoc, France			£21.95
The Muscadet of the south of France. Crisp, green & lively - great with seafood.			
Tokaji T Furmint 2016, Hungary (V)			£21.95
One of my favourite wines. Perfect with fish, grilled chicken & salads.			
Preface White (Vermentino, Chardonnay & Grenache) , Languedoc, France			£21.95
Made by my friend Serge. Not only is he a great host in Morzine but he makes great wine.			
Gavi di Gavi , Piedmont, Italy			£22.95
Fresh & zesty made from the Cortese grape in the north of Italy.			
Forest Sauvignon Blanc , Marlborough, N.Z. (V)			£23.95
Tropical fruits bound by aromatic herbs.			
Petit Chablis La Chablisienne Burgundy, France			£25.00
Unoaked Chardonnay from Burgundy. Fresh, clean & steely.			

SPARKLING WINE

	Glass	Carafe	Bottle
Sant'orsola Prosecco (V), Italy	£6		£20.95
Sartarelli Brut, Marche, Italy			£28.50
Love this fizz so much with it's charming flavours. Crisp, dry & always elegant.			
Laurent-Perrier Champagne (V), France			£45.00

ROS WINE

	Glass	Carafe	Bottle
Canyon Road White Zinfandel Rosé (off dry) USA	£4.50	£11.25	£14.95
Effet Papillon Rosé (dry) , Provence, France (V)	£5.50	£15.00	£21.95
Great example of French Rosé perfect for the summer. Soft with hints of strawberries.			

RED WINE

	Glass	Carafe	Bottle
Beach House Shiraz , South Africa	£4.50	£11.25	£14.95
Las Condes Merlot , Chile (V)	£4.75	£11.75	£15.95
Cornellana Cabernet Sauvignon , Chile	£4.75	£12	£16.95
Tempranillo, Candidato , Spain			£16.95
Soft easy drinking red expressing the classic flavours of Rioja.			
Malbec Finca la Celia , Argentina	£4.75	£12	£16.95
Made from Argentinas finest red grape. dark fruit flavours mixed with spice and floral tones.			
Helmsman Cabernet Merlot , Australia			£19.95
A sophisticated Ozzie red in a Bordeaux style.			
Rioja Crianza Viña Bujanda , Spain			£20.95
Preface Red (Cabernet Sauvignon and Syrah) , Languedoc France. (V)			£20.95
Made by my friend Serge. Not only is he a great host in Morzine but he makes great wine.			
Corbieres, Chateau du Vieux Parc , France			£21.95
A spicy, soft, peppery wine from the sun soaked hills of southern France.			
Jesus Romero Rubus, (Grenache/Tempranillo/Syrah) , Spain			£23.95
Small scale artisan winemaking which over delivers for the price.			
Bourgogne rouge 2015, Olivier le Flaive , Burgundy, France			£27.50
A soft fruity Pinot Noir with charm & finesse.			



LOCAL GINS

Shortcross - Basil & Grapefruit	£5
Jawbox - Lime	£5
Copeland Rhuberry - Berry	£5
Guest Gin	P.O.A.

BRITISH GINS

Bombay Sapphire - Lime	£4
Hendricks - Cucumber	£4
Tanqueray - Orange	£4
Gordons - Lime	£3.50
Gordons Pink Gin - Strawberry	£3.50

REST OF THE WORLD...

Malfy blood orange - orange	£5
Malfy Grapefruit - Grapefruit	£5

TONICS

Fevertree (Regular, Light, Elderflower or Ginger)	£2.50
Schweppes (Regular, Slim)	£2

COCKTAILS

All alcoholic £6.50 All non-alcoholic £3.50

Gin & elderflower fizz gin, elderflower liqueur, citrus, fizz	
Espresso martini stoli vodka, kalua, creme de cacao & espresso	
Ruby street sip pink gin, raspberry liqueur, cranberry & vanilla	
Pineapple daiquiri pineapple rum, velvet falernum, lime & house spices	
Aperol spritz aperol, fizz & soda	
Grown ups lemonade citrus & raspberry vodka, limoncello, homemade lemonade, strawberry & basil	
Rum punch rum, banana liqueur, lime, orgeat, pineapple, nutmeg	
Dark 'n' stormy Kraken Rum, velvet falernum, lime, ginger, grapefruit bitters	
Tropical fruit punch banana, pineapple, lime & orgeat (NON-ALC)	
Strawberry & basil lemonade homemade lemonade, strawberry & basil (NON-ALC)	

BEERS

Draught Peroni	½ pint £2.95	pint £4.95
Beer of the month - ask your server		P.O.A.
Jack the lad IPA (Co. Mayo) 500ml		£4.95
Foxes Rock lager (Co. Down) (Gluten free) 500ml		£4.25
Sailor Town lager (Co. Leitrim) 500ml		£4.95
Coors Light (Canada) (Vegan) 330ml		£3.45
Peroni (Italy) (Gluten free) 330ml		£3.95
Corona (Mexico) 330ml		£3.45
Guinness draught can (Ireland), 440ml		£4.00
Heineken zero (Holland), alcohol free 330ml		£2.95
Magners cider (Ireland) 330ml		£3.45
Kilmegan dry cider (Ireland) 500ml		£5.95
Rekorderlig cider (Sweden) 500ml		£4.45
Thatchers gold cider (England) (Vegan) 500ml		£4.45