

7 HAMILTON ROAD, BANGOR BT20 4JP

TEL: 028 9146 1529 / EMAIL: INFO@TOMSBANGOR.COM

GF - made from gluten free products, GF* - can be made from gluten free products

V - vegan, V* - vegan adaptable

PLEASE INFORM YOUR WAITING STAFF OF ANY ALLERGEN REQUIREMENTS.

PLEASE NOTE NUTS & GLUTEN ARE USED IN EVERY SECTION OF THE KITCHEN

≈TOM'S≈

DINING ROOMS

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AVAILABLE / WEB: WWW.TOMSBANGOR.COM

EVENING MENU FROM JUNE 2019

~ BREADS ~

| | |
|--|------------------------------|
| BREAD BASKET with tomato pesto & butter | £3.75 |
| HUMMUS (V) (GF*) with grilled flatbread | £4.95 |
| GARLIC BREAD (GF*) with cheese | £4.45 £4.95 |

~ SMALL PLATES ~

VEGETARIAN

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|---|---------------------------|
| GOATS' CHEESE BON BON, BEETROOT & WALNUT MARINATED CHEESE STUFFED PEPPERS (GF) | £3.75 £3 |
| HUMMUS WITH TORTILLA CHIPS (GF) | £3 |

SEAFOOD

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| SIZZLING PRAWNS (GF*) | £4 |
| CRISPY CALAMARI & CHEESE BITES | £4 |
| WHITEBAIT BASKET | £4 |

MEAT

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| HAM HOCK & SMOKED CHEESE BON BONS WITH APPLE PURÉE STICKY RIBS (GF) | £4 £3.75 |
|--|---------------------------|

~ STARTERS ~

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| TODAY'S SOUP (GF*) with Crusty Bread | £4.85 |
| HALLOUMI CHEESE FRITES with honey & chilli flakes | £4.95 |
| BREADCRUMBED MUSHROOMS with garlic dip | £5.45 |
| SIZZLING PORTAVOGIE PRAWNS (GF*) with chilli, chorizo & garlic | £6.45 |
| BUCKET OF SQUID RINGS with harissa dip | £5.95 |
| NACHOS (GF) crisp tortilla chips with nacho cheese, salsa & jalapeño | £6.45 |
| HOT WINGS (GF*) with cool dip & celery | small £5.65 large £9.65 |

~ POULTRY ~

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| CHORIZO & RED PEPPER BAKED CHICKEN (GF*) chicken fillet, roast pepper & chorizo cream & choice of side | £12.95 |
| SIZZLING BLACKENED CHICKEN (GF*) with stir fried vegetables & spicy bbq sauce, choice of side | £12.25 |
| CHICKEN GOUJONS with sticky peanut & chilli dip & your choice of side | £11.25 |
| BREADCRUMBED FILLET OF CHICKEN (GF*) with melted cheese, tomato & onion cream & choice of side | £12.25 |

~ GRILLS & MEATS ~

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| TOM'S BURGER (GF*) with bacon, cheddar, tomato, relish, salad & fries | £11.25 |
| BAKED LASAGNE with choice of side | £11.25 |
| BEEF ENCHILADA with sour cream, cheese & tomato salsa | £11.25 |
| BEEF 'DU BOIS' thin strips of beef, sticky peanut & ginger sauce, stir fried vegetables & noodles | £14.25 |
| STICKY RACK OF RIBS (GF*) bbq sauce, coleslaw & fries | £14.75 |
| FLAT IRON STEAK (Served Rare Or Medium Rare)* (GF*) with grilled tomato, choice of sauce, onion rings, & side | £13.25 |
| SIRLOIN STEAK 8oz * (GF*) with grilled tomato, onion rings, choice of sauce & side | £17.95 |
| RIBEYE STEAK 12oz * (GF*) with grilled tomato, onion rings, choice of sauce & side | £20.95 |
| DUFFY'S 3 WEEK AGED SIRLOIN STEAK 10oz * (GF*) with grilled tomato, onion rings, choice of sauce & side | £25.95 |
| BLACKEN YOUR STEAK - Spice up your steak with our house rub <i>*All our cuts are served with a choice of frites, chunky chips sweet potato or market salad & are served with your choice of garlic butter, pepper sauce, cheese & tequila or BBQ sauce</i> | £1.50 |

~ FISH ~

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| BATTERED HADDOCK (GF*) with chips, mushy peas & tartare sauce | £11.25 |
| ROAST FILLET OF SALMON (GF*) lemon & herb butter, choice of side | £12.95 |
| TUSCAN SALMON (GF*) with tomato, spinach & parmesan cream. Garlic bread & choice of side | £13.95 |
| ROAST FILLET OF SEABASS (GF) with garlic Portavogie prawns, boiled potatoes & French beans | £13.95 |
| BATTERED SCAMPI (GF*) chips, lemon & tartare sauce | £13.95 |

~ SIDES ~

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| SKINNY FRIES, CHUNKY CHIPS (plain, spiced, chilli or garlic) | £3 |
| SWEET POTATO FRIES, MASH, LOUISIANA MASH, BABY BOILED POTATOES | £3 |
| ONION RINGS, SAUTÉ MUSHROOMS, SEASONAL GREENS | £3 |
| MARKET SALAD | £3 |

~ VEGAN & VEGETARIAN ~

STARTERS

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|--|------------------------------|
| BREAD BASKET with hummus & butter | £3.75 |
| HUMMUS (V) (GF*) with grilled flatbread | £4.95 |
| HALLOUMI CHEESE FRITES with honey & chilli flakes | £4.95 |
| GOATS CHEESE BONBON beetroot & walnut | £3.75 |
| BREADCRUMBED MUSHROOMS garlic dip | £5.45 |
| GARLIC BREAD (GF*) with cheese | £4.45 £4.95 |

VEGETARIAN MAINS

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|---|---------------|
| SPINACH, POTATO & CHICKPEA CURRY (V) (GF*) with basmati rice | £10.95 |
| GRILLED FLATBREAD with spiced cashews, mushrooms & avocado (with or without poached egg) (V*) | £9.25 |
| VEGETABLE ENCHILADA (V*) with tomato salsa, cheese & sour cream, choice of side | £10.95 |
| TOM'S VEGGIE BURGER (V) with hummus, tomato relish & fries | £10.95 |

Help yourself to Happiness!

SUNDAYS

ARE SORTED WITH OUR **KITCHEN CARVERY** TRADITIONAL ROASTS

A selection of three roast meats with traditional accompaniments

2 COURSE SET MENU £15.95

(CHOICE OF STARTER WITH CARVERY MAIN COURSE)

EVERY SUNDAY FROM 12.00PM

VEGETARIAN CARVERY ALSO AVAILABLE

~ DESSERTS ~

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|---|------------------|
| Mixed berry Pavlova(GF) | £5.55 |
| Chocolate fudge with vanilla ice cream, fresh cream & white chocolate sauce | £5.35 |
| Chocolate & raspberry vegan brownie with vegan ice cream | £5.95 |
| Sticky Toffee Pudding with butterscotch sauce & vanilla cream | £5.65 |
| Iced Lemon Brûlée (GF) | £4.95 |
| Raspberry & frangipane tart with vanilla ice cream (GF) (vegan adaptable) | £5.25 |
| Malted Waffle choice of the following toppings - honeycomb ice cream, banana, fresh cream, nuts and maple syrup | £5.55 |
| - ferrero rocher ice cream, fresh cream & chocolate sauce | £5.85 |
| Bannoffee Pie | £5.45 |
| Just a little extra | £4.45 |
| Any regular coffee or tea with mini brownie, mini meringues or scoop of ice-cream | |
| Cheese with biscuits & grapes | |
| Cashel Blue - blue, Cooleeny - soft, Durrus - semi soft from cork | Per cheese £3.25 |

~ SEASIDE SUNDAES ~

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| Fudge Galore (GF*) | £6.95 |
| Honeycomb & vanilla ice cream, fudge, crushed meringue, fresh cream & butterscotch sauce | |
| Limoncello iced basket | £6.45 |
| Lemon meringue ice cream, fresh cream, crushed meringue, limoncello in a wafer basket | |
| Butterscotch Bananza (GF*) | £5.95 |
| Honeycomb & vanilla ice creams with sliced banana, chopped nuts fresh cream & butterscotch sauce. | |
| B&A Bannoffee Sundae | £5.95 |
| Salted Caramel Ice Cream, Biscuit, Banana, Fresh Cream & Hot Chocolate Sauce | |
| Tom's coconut ice (GF*) | £5.95 |
| Coconut ice cream, raspberry sorbet, fresh cream, raspberries & hot chocolate sauce | |
| Ice cream or sorbet selection 3 Scoops of your choice (GF*) | £5.25 |
| Sorbet - lemon, raspberry & mango | |
| Ice Cream -strawberry, vanilla, chocolate, honeycomb, ferrero rocher, vegan vanilla | |

COFFEES

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|-------------------------------|-------|
| Americano | £2.35 |
| Flat White | £2.60 |
| Double Espresso | £2.25 |
| Macchiato | £2.25 |
| Cappuccino | £2.85 |
| Cortado | £2.60 |
| Latté | £2.70 |
| Skandia | £2.50 |
| Add a Syrup Shot | £.30 |
| Caramel, Vanilla or Hazelnut | |
| (GM Free Soya Milk Available) | |
| Hot Chocolate | £2.95 |
| Decaf Available | |
| Soya Milk Available | |

TEAS

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|---------------------------|-------|
| House Tea | £1.95 |
| Earl Grey | £2.25 |
| Green | £2.25 |
| Fruit Tea | £2.25 |
| Peppermint | £2.25 |
| Camomile | £2.25 |
| Rooibos | £2.25 |
| Red Cruiser | £2.95 |
| Cranberry, Orange & Soda | |
| Mango Magic | £2.95 |
| Lemon, Lime, Mango | |
| Sorbet & Soda | |
| Smoothie | £3.75 |
| Pineapple & Passion Fruit | |
| Strawberry & Banana | |

SOFT DRINKS

| | Regular | Large |
|-----------------------|---------|-------|
| Coke | £2.55 | £2.95 |
| Diet Coke | £2.55 | £2.95 |
| Coke Zero | £2.55 | £2.95 |
| Fanta Orange | £2.55 | £2.95 |
| Sprite | £2.55 | |
| San Pellegrino | | £2.35 |
| Panna 200ml | | £3.85 |
| San Pellegrino | | |
| Panna 750ml | | |
| San Pellegrino Lemon, | | |
| Blood Orange | £2.95 | |
| Sparkling Apple Juice | £2.75 | |
| Fruit Juices | £2.10 | |

~ WINES ~

WHITE WINE

| | Glass | Carafe | Bottle |
|---|-------|--------|--------|
| Beach House Sauvignon Blanc , South Africa | £4.50 | £11.25 | £14.95 |
| Sante Pietra Pinot Grigio , Italy | £4.50 | £11.25 | £14.95 |
| Domaine Negly Les Terraces , Languedoc, France A clean, fresh summer wine made from Sauvignon and Muscat grapes. | | | £16.95 |
| The River Chardonnay , Hesketh, South Australia | £4.75 | £13 | £17.95 |
| Esk Valley Sauvignon Blanc , Marlborough N.Z. (V) | £5.45 | £15 | £19.95 |
| Big Easy Chenin Blanc , Ernie Els, South Africa Lively, soft & unoaked with tropical rich flavours. | | | £20.95 |
| Picpoul De Pinet , Languedoc, France The Muscadet of the south of France. Crisp, green & lively - great with seafood. | | | £21.95 |
| Tokaji T Furmint 2016, Hungary (V) One of my favourite wines. Perfect with fish, grilled chicken & salads. | | | £21.95 |
| Gavi di Gavi , Piedmont, Italy Fresh & zesty made from the Cortese grape in the north of Italy. | | | £22.95 |
| Forest Sauvignon Blanc , Marlborough, N.Z. (V) Tropical fruits bound by aromatic herbs. | | | £23.95 |
| Petit Chablis La Chablisienne Burgundy, France Unoaked Chardonnay from Burgundy. Fresh, clean & steely. | | | £25.00 |

SPARKLING WINE

| | Glass | Carafe | Bottle |
|--|-------|--------|--------|
| Sant'orsola Prosecco (V), Italy | £6 | | £20.95 |
| Sartarelli Brut, Marche, Italy | | | £28.50 |
| Love this fizz so much with it's charming flavours. Crisp, dry & always elegant. | | | |
| Laurent-Perrier Champagne (V), France | | | £45.00 |

ROSÉ WINE

| | Glass | Carafe | Bottle |
|--|-------|--------|--------|
| Canyon Road White Zinfandel Rosé (off dry) USA | £4.50 | £11.25 | £14.95 |
| Effet Papillon Rosé (dry) , Provence, France (V) Great example of French Rosé perfect for the summer. Soft with hints of strawberries. | £5.50 | £15.00 | £21.95 |

RED WINE

| | Glass | Carafe | Bottle |
|---|-------|--------|--------|
| Beach House Shiraz , South Africa | £4.50 | £11.25 | £14.95 |
| Las Condes Merlot , Chile (V) | £4.75 | £11.75 | £15.95 |
| Cornellana Cabernet Sauvignon , Chile | £4.75 | £12 | £16.95 |
| Tempranillo, Candidato , Spain Soft easy drinking red expressing the classic flavours of Rioja. | | | £16.95 |
| Malbec Finca la Celia , Argentina Made from Argentinas finest red grape. dark fruit flavours mixed with spice and floral tones. | £4.75 | £12 | £16.95 |
| Helmsman Cabernet Merlot , Australia A sophisticated Ozzie red in a Bordeaux style. | | | £19.95 |
| Rioja Crianza Viña Bujanda , Spain | | | £20.95 |
| Preface Red (Cabernet Sauvignon and Syrah) , Languedoc France. (V) Made by my friend Serge. Not only is he a great host in Morzine but he makes great wine. | | | £20.95 |
| Corbieres, Chateau du Vieux Parc , France A spicy, soft, peppery wine from the sun soaked hills of southern France. | | | £21.95 |
| Jesus Romero Rubus, (Grenache/Tempranillo/Syrah) , Spain Small scale artisan winemaking which over delivers for the price. | | | £23.95 |
| Bourgogne rouge 2015, Olivier le Flaive , Burgundy, France A soft fruity Pinot Noir with charm & finesse. | | | £27.50 |



LOCAL GINS

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| Shortcross - Basil & Grapefruit | £5 |
| Jawbox - Lime | £5 |
| Copeland Rhuberry - Berry | £5 |
| Guest Gin | P.O.A. |

IRISH & BRITISH GINS

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|--------------------------------------|-------|
| Bombay Sapphire - Lime | £4.25 |
| Hendricks - Cucumber | £4.25 |
| Tanqueray 10 - Orange | £5 |
| Gordons - Lime | £3.75 |
| Gordons Pink Gin - Strawberry | £3.75 |

REST OF THE WORLD...

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|--------------------------------------|----|
| Malfy blood orange - orange | £5 |
| Malfy Grapefruit - Grapefruit | £5 |

TONICS

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| Fevertree (Regular, Light, Elderflower or Ginger) | £2.50 |
| Schweppes (Regular, Slim) | £2 |

COCKTAILS

All alcoholic £6.50 All non-alcoholic £3.50

- Gin & elderflower fizz** gin, elderflower liqueur, citrus, fizz
- Ruby street sip** pink gin, raspberry liqueur, cranberry & vanilla
- Pineapple daiquiri** pineapple rum, velvet falernum, lime & house spices
- Aperol spritz** aperol, fizz & soda
- Grown ups lemonade** citrus & raspberry vodka, limoncello, homemade lemonade, strawberry & basil
- Rum punch** rum, banana liqueur, lime, orgeat, pineapple, nutmeg
- Espresso martini** stoli vodka, kalua, creme de cacao & espresso
- Dark 'n' stormy** Kraken Rum, velvet falernum, lime, ginger, grapefruit bitters
- Tropical fruit punch** banana, pineapple, lime & orgeat (NON-ALC)
- Strawberry & basil lemonade** homemade lemonade, strawberry & basil (NON-ALC)

BEERS

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|--|--------------|------------|
| Draught Peroni | ½ pint £2.95 | pint £4.95 |
| Beer of the month - ask your server | | P.O.A. |
| Jack the lad IPA (Co. Mayo) 500ml | | £4.95 |
| Foxes Rock lager (Co. Down) (Gluten free) 500ml | | £4.25 |
| Sailor Town lager (Co. Leitrim) 500ml | | £4.95 |
| Coors Light (Canada) (Vegan) 330ml | | £3.45 |
| Peroni (Italy) (Gluten free) 330ml | | £3.95 |
| Corona (Mexico) 330ml | | £3.45 |
| Guinness draught can (Ireland), 440ml | | £4.00 |
| Heineken zero (Holland), alcohol free 330ml | | £2.95 |
| Magners cider (Ireland) 330ml | | £3.45 |
| Kilmegan dry cider (Ireland) 500ml | | £5.95 |
| Rekorderlig cider (Sweden) 500ml | | £4.45 |
| Thatchers gold cider (England) (Vegan) 500ml | | £4.45 |